

Leadership Academy 2024 - 2025

Programme Bio: 1:1 Mentoring, Team Building, Residential Training Weekend, Networking Events, 6 Leadership Skills Workshops and Speaker Series. Online Training Toolkit and Discussion Think Tanks.

01 1 or 9 Oct 24

Introduction to Leadership

This event will introduce you to a range of leadership theory. We will identify different communication and leadership styles whilst looking at strategies to support prioritisation of tasks. We will also explore the importance of goal setting and discuss your professional, personal and leadership goals for the year ahead. This event also provides an opportunity for you to establish a network of other student leaders on the programme.

02 17 or 22 Oct 24

Mental Health training for student leaders

This session is facilitated by Durham University Counselling & Mental Health Service. This interactive (2.5 hour) session will provide information & skills to reduce stressful impact of support situations.

03 24 Oct 24

Speaker Series and workshop: Accountability

This session will explore how to create a culture of accountability and ownership in yourself and your team. We will look at how to set clear expectations, transparent communication and develop our understanding of SMART goals that will contribute to a more provide and accountable team.

04 14 Nov 24

Speaker Series: Managing teams and Conflict Resolution

This Speaker Series will explore strategies to support with fostering open communication within your team, understanding different perspectives and how to facilitate collaboration. We will discuss how to navigate difficult conversations and how to cultivate a support and cohesive team environment.

05 19 Nov 24

Virtual workshop: LinkedIn

This workshop will focus on utilizing LinkedIn effectively for job searching. We'll explore strategies for leveraging the platform, including understanding its features and navigating it proficiently. Additionally, we'll discuss how to optimize your LinkedIn profile to attract potential employers and network effectively within specific industries and job roles.

06 20 Nov 24

Workshop: CV

This workshop will help you identify the tools and strategies to optimise your CV. We will establish what makes a 'good' CV, discuss best practice and what to avoid in your resume and identify how to tailor your CV to specific sectors and job roles. The session will also provide an introduction to LinkedIn, it's features and how to navigate the platform well.

07 26 Nov 24

Workshop: Entrepreneurship

This workshop will explore key concepts of entrepreneurship, such as market analysis, ideation, business planning and financial management. We will identify what qualities make a successful entrepreneur and how these skills can be applied professionally, personally and as a student leader.

08 29 Nov -1 Dec 24

Residential team building at Peat Rigg, Yorkshire (2 nights)

From caving to archery, this overnight residential is a fantastic opportunity for you to connect with other student leaders whilst working on your team building skills through a range of challenging activities designed to demonstrate your leadership qualities. Build upon essential leadership skills, including communication skills and problem solving.

Leadership Academy 2024 - 2025

Programme Bio: 1:1 Mentoring, Team Building, Residential Training Weekend, Networking Events, 6 Leadership Skills Workshops and Speaker Series. Online Training Toolkit and Discussion Think Tanks.

09 10 Dec 24

Speaker Series: Growth Mindset and resilience

This Speaker Series provides an insight on key attitudes and mindset that drive world class performance whilst learning from shared experiences. Exploring key concepts such as resilience, dealing with disappointment, mental toughness, positive self-talk and developing a growth mindset.

10 21 Jan 25

Speaker Series: Change Management

This session will support attendees with strategies to navigate transitions and change effectively. We will explore resistance to change and how to overcome these barriers, identify how to plan and effectively monitor progress and how to adapt strategies to address challenges and make the most of these opportunities.

11 3 Feb 25

Networking event and Think Tank, Shoosmiths LLP, London

An excellent opportunity to network with mentors, global leaders, alumni and students as part of the Leadership Academy. Think Tanks are a space for student leaders that encourages a forum of discussion and networking on current issues, sharing views and insights.

12 13 Feb 25

Virtual Speaker Series: Cultural Intelligence and communication

This session aims to provide attendees with the knowledge and skills to thrive in multicultural environments and contribute positively to global teams and organisations. We will identify ways to improve communication and enable you to navigate cultural complexities with sensitivity and respect whilst building upon your own self awareness.

13 18 Feb 25

Workshop: Inclusive Leadership

This workshop will explore the importance of diversity and inclusion within teams. We will identify traits of inclusive leaders, explore how to foster an inclusive culture, understanding unconscious bias and the impact of exclusionary behaviours. We will develop strategies for fostering belonging, promoting equitable opportunities and leveraging diverse perspectives.

14 6 Mar 25

Speaker Series: Negotiation

This workshop will provide attendees the opportunity to develop strategies needed to achieve mutually beneficial outcomes. We will explore techniques for effective communication, active listening, problem solving and conflict resolution, discuss the difference between transactional and relationship negotiations and how to prepare for negotiations effectively.

15 Date TBC Jun 25

Celebration and Awards Evening, London

A celebration of accomplishment and an opportunity for the new cohort of students on the Leadership Academy Programme to have an introduction to the programme. Testimonials from current students, awards and the opportunity to network with peers and mentors.